



David R. Schechter Community Center
1089 S. Patrick Drive
Satellite Beach, FL 32937

PRSRT STD
U.S. POSTAGE
PAID
MELBOURNE FL
PERMIT No. 495

Newsletter

JANUARY-FEBRUARY 2017



www55plusclubofsb.com

55+ Club is dedicated to "SEE"
Social, Education and Entertainment



SENIOR HELP LINE: 211

A NOTE FROM JILL

It has been an honor to serve as your club President for the past two years. I have seen the Club grow in a very positive direction and I want to thank everyone who has given their time. Our sponsors continue to be loyal supporters and we greatly appreciate their friendship.

My very best wishes go out to the new Board, you will do just fine, you have a good group. To the membership, please continue to support the Club, the Board needs your participation. If everyone just did a little something toward the good of the Club, then a few wouldn't have to do so much.

Our Annual Meeting was a great success with Courtenay Springs Village catering the event. Congratulations to Betsy Haff and Barbara Hessler for being voted volunteers of the Year, our way of recognizing just how much they have contributed this past year. And congratulations to Louise Stevenson; her name has been added to the plaque that hangs in the DRS as a permanent record and reminder of the members who have consistently contributed to the building of our 55+ Club.

Big news for Bingo; many thanks to Al Sanchez of the Harbor City Retirees Social Club for his generous donation toward the purchase of a new Bingo machine. Thanks to Al our 55+ CLUB will soon have a new State-of-the-Art machine that will be the envy of Bingo players every where!

*Happy New Year
Jill Blakeway*

MARK YOUR CALENDARS

SPONSOR LUNCHEONS

Jan 19 – Health First
Feb 2nd – Victoria Landing

EXECUTIVE BOARD MEETINGS

9:00am on the 3rd Wed. monthly
(August to May) at the DRS
Community Center. All members are
welcome to attend.

DUES ARE DUE!

Your 55+ Club yearly dues of \$7.00 are due. You may pay these at the DRS Center Office M-F, 8:30-5:00pm, at the Thursday Greeting Table or give to any 55+ Club Chairperson. Members who have not paid their dues by the end of February 2017 will be dropped from the membership list. Please renew NOW, don't wait! It takes a lot more work to reinstate a member after they are dropped from our records. So save us the extra steps please!

**Happy Birthday to our
January & February members**



55+ CLUB NEWSLETTER • JANUARY-FEBRUARY 2017



Health First is hosting a Lunch and Learn event featuring Dr. Anil Dhople with the HF Cancer Institute who will speak on Breast Cancer!

**Thursday, January 19, 2017
12:30pm at the DRS
Light lunch served**



Interact with Maxine & Gwyn while they take you on a fun journey to experience the vital lifestyle of Victoria Landing a unique waterfront community.

**Thursday February 2, 2017
12:30pm at the DRS
Light lunch served**

Please support our newsletter sponsors whenever possible. Programs are FREE and are held at 12:30 p.m. at the DRS Community Center in Satellite Beach. All 55+ members and guest are welcome.

VALENTINE LUNCHEON:

Get your tickets soon for the February 9th luncheon from 11am-2pm at the DRS Community Center. Enjoy a delicious luncheon, dessert and beverages. Tickets are \$10pp and will be available January 9th from the Recreation Office, Thursday Greeting table and from most committee members. Only 50 tickets will be sold and no sales at the door. Questions call Joanne at 626-9597.

CLUB NEWS • 55+ CLUB NEWSLETTER • JAN-FEB 2017

WALKING: A BIG thank you to Myrna Jenkins for stepping up to oversee the Walking group. Please note that walking times have changed to 8:00-9:00am. Myrna wants to encourage all to come and join the group. They walk to lively music and you can walk at your own pace. In addition, she is looking for someone who would be willing to be a sub on occasion when she cannot be there. For questions contact Myrna at 321/773-8664 or jenkinsmyr@aol.com

NEW YEAR RESOLUTIONS

Most of us normally make a new resolution every January, or know people who do. The one resolution we should all be making for ourselves is to be healthy and to stay healthy. The old saying, "If you don't move it, your gonna lose it" is very true. This community is fortunate to offer many exercise programs for all ages. Why not check them out? For example Satellite Beach offers: Senior Exercise, Yoga, Pilates, Piloting, Tai Chi, Adult Aerobics, Bone-Walkers Plus, and the 55+ Club, through the Recreation Dept., offers Walking and Line Dancing. If you live in another area, check out the offerings at that community center. So no more excuses to NOT "move it, so we don't lose it"!

RESOURCES: SHINE -Serving Health Insurance Needs of Elders SHINE schedules appointments at the DRS Community Center each Monday morning beginning August 15, to assist seniors and the disabled with their Medicare questions. SHINE counseling is free, unbiased and confidential. Call (321) 426 -0350 to schedule an appointment or to speak to a SHINE representative.

COUPON GROUP: This group meets the third Wednesday of every month at the Satellite Beach public library. Bring with you your flyers from the Sunday paper or on line coupons and get the ones you need. We also collect expired coupons which are sent to our deployed soldiers. Come join us at 2pm to 3pm.

STOP BY & SAY HI PROGRAM: The Satellite Beach Police Department Volunteer Program provides a beneficial program titled "Stop By & Say Hi" where our volunteers literally do just that with our City residents. We provide companionship and become a friend who is close by. Learn more by calling Linda Harlow at lharlow@satellitebeach.org or call the Satellite Beach Police Department: (321) 773 -4400.

***** Please support our newsletter sponsors whenever possible. *****

Call Today for Lunch & Tour



COURTENAY SPRINGS VILLAGE
1200 S. Courtenay Parkway, Merritt Island

321-452-1233

All Inclusive Resort • Style Living • 55+ Rental Apartments • www.CourtenaySpringsVillage.org

CLUB NEWS • 55+ CLUB NEWSLETTER • JAN-FEB 2017

Celebrating Bob Mellon and Betty Boman's Birthdays at Wednesday Night Cards & Games!



Bingo for Designer Bags Fundraiser for Bingo Equipment November 10, 2016





RestoraLife™
Regenerative Care

Providing state of the art medical technologies including but not limited to Stem Cell / PRP / Laser for treatment of pain and cosmetic purposes

CALL
321.610.1848
To Book Your
Complimentary
CONSULTATION
THIS WEEK ONLY

www.RestoraLife.com
321.610.1848

LASER • PRP • STEM CELL
treatment for pain & cosmetic conditions

ARE YOU Suffering From

- BURSTITIS/HIP PAIN
- FIBROMYALGIA
- STENOSIS
- BACK PAIN
- CRPS/RD
- SCIATICA
- ARTHRITIS
- KNEE PAIN
- NECK PAIN
- MIGRAINES
- PLANTAR FASCIITIS
- TENDONITIS
- NEUROPATHY
- TMJ SYNDROME
- CARPAL TUNNEL
- TRIGEMINAL NEURALGIA
- POSTHERPETIC NEURALGIA
- SHOULDER/ROTATOR CUFF
- ALL OTHER FORMS OF PAIN



RestoraLife utilizes the most scientifically advanced modalities that have been proven by clinical studies and real world use over several decades to alleviate pain and inflammation, reduce swelling, stimulate nerve regeneration and cells involved in tissue repair.

94% Success Rate in Relieving Pain Without Surgery or Medications*

*study results collected at RestoraLife™

PHOTO GALLERY • JANUARY-FEBRUARY 2017

DECEMBER'S HOLIDAY PARTY

Thank you to Courtenay Springs Village for catering the delicious food for the Holiday Luncheon. Welcome to our new 2017 Exec. Board: Barbara Hessler, Joyce Scafidi, Olga Clark, Joann Fisher, Louise Daley and Betsy Haff.



Community Benefit Speaker Series

Breast Cancer

Health First is hosting a Lunch and Learn event featuring an expert who will speak on Breast Cancer.

**PRESENTED BY:
Dr. Anil Dhople**

Board Certified Radiation Oncologist

David R. Schechter Community Center
1089 S. Patrick Drive, Satellite Beach

Thursday, January 19, 2017, 12:30 p.m.
30 minute lecture with Q & A time.



**Health
First**

GIVES BACK

HFgivesback.org

RSVP to Jill Blakeway, 55+ Club of Satellite Beach at 321.773.2080 or jillb215@aol.com

AROUND THE COMMUNITY • JANUARY-FEBRUARY 2017

ADULT EDUCATION

Florida Tech's Lifelong Scholar Program lectures continue 2017..

Speech Processing and Special Effects, January 12, 2017; Marketing: Misunderstood, Interesting, and More Pervasive Than You Might Think, February 9, 2017; Invasive Species - the Second Greatest Global Environmental Threat, February 23, 2017; Why Dolphins are Canaries: How Marine Mammals Inform Us About Ocean Health, March 9, 2017; Absinthe - The Green Fairy: Separating Fact from Fiction, March 23, 2017

Go to this <http://www.fit.edu/lifelong-scholar-society/events.php> or call 321/674-8382 or email pdregistration@fit.edu

VeinCare of Brevard, LLC

Taking Pains with Veins • 321-208-7264

Specializing in the non-surgical treatment of Varicose Veins — A procedure covered by Medicare Tricare & many commercial insurances

Please call Ashley: 321-917-5217
or Keith: 321-720-3441 for your free consultation

Know Your Board and Committee Members

Chairperson	Barbara Hessler	773-3050
Vice Chair	Joyce Scafidi	961-6408
Corres. Sec	Olga Clark	591-2745
Record Sec	Joann Fisher	773-8820
Treasurer	Louise Daley	427-9100
Member @ Large	Betsy Haff	779-9775
Board Advisor	Jill Blakeway	773-2080

Advert/PR, Jill	773-2080
Bingo, Louise T.	773-3160
Book Club, Joyce	961-6408
Bridge, Fannie	777-2378
Bunco, Barbara	773-3050
Cards/Games, Betty	773-8232
Chess Dick	777-0255
Cribbage, Betty	773-8232
Dinner Gang, Floss	773-6073
Early Bird Dining & Dancing, Joan	917-8119 or 777-0238
Email Notices, Louise S.	202-7337
Evening Cards & Games, Betty	773-8262
Fishing, Gene	773-4647
Food Service, Susie	777-1398
Greeting Table- Grace & Joanne	773-8820
Lifelong Scholar Program, Marty	777-8313
Line Dancing, Candy	779-2941
Line Dancing (Beg), Trudy	223-7249
Lunch Bunch, Barbara	773-3050
Mahjongg, Barbara	773-3050
Membership, Louise S.	202-7337
Newsletter, Jill	773-2080
Newsletter, Louise S.	202-7337
Special Events, JoAnne	626-9597
Sunshine Lady, Louise T	773-3160
Travel-Day Norma	243-5708
and Camile	978/394-6692
Travel-Extended Trips, Jill	773-2080
Walking, Myrna	773-8664
Website & FB, Louise S.	202-7337

Edward Jones
INVESTMENTS

**Complimentary
Investment Review**

Elizabeth Oros
Financial Advisor
823 E Strawbridge Ave
Melbourne, FL 32901
321-729-6447
www.edwardjones.com

Edward Jones
MAKING SENSE OF INVESTING

FUNDRAISING: The Nov. 10th fundraiser "Bingo for Designer Bags" event was a great success! Eighty people were in attendance and all enjoyed bingo play, wonderful homemade desserts, 50/50 raffle and more. Unfortunately, they had some problems with the bingo equipment so bingo play time was shortened, but all could see how much new equipment is needed.

Thanks to everyone who attended and helped make this event so successful. Many thanks to all those who donated desserts, jewelry, purses and most of all — time and talent!

SPAGETTI DINNER:

Our next fund raiser will be Thursday January 26th, 2017 3pm at the SB Civic Center on Cassia Blvd in Satellite Beach. This event will be a spaghetti and meatball cook-off! Tickets price includes spaghetti, meatballs, sausage, salad, garlic bread, wine or soda and coffee and dessert. Tickets are \$12pp and are available at the DRS Center Office M-F, 8:30-5:00pm, at the Thursday Greeting Table or from most Chairpersons.

In addition, there will be book sale, 50/50 raffle and give-a-ways.
For further information, contact Terry Mellon at (321) 773 -7705 or boggieb@bellsouth.net

Senility Prayer

Grant me the senility to forget the people I never liked
The good fortune to run into the people I do like
The eyesight to tell the difference.

AROUND THE COMMUNITY

Beach Clean -up Those who wish to keep our beaches clean can gather monthly on the 2nd Saturday, from 8 -10am, at Pelican Beach Park. Keep Brevard Beautiful will provide bags, grabbers, gloves, and buckets. We'll probably provide munchkins too! Check out our Facebook page 'Monthly KBB Pelican Beach Cleanup in Satellite Beach' to see photos from previous cleanups. Thank you for helping, Kathy and Ethan Shoda!

Every Thursday at PBP Park - Farmers Market

If you want your dreams to come true, you mustn't oversleep.

We Do It All Large or Small

HANSEN'S HANDYMAN SERVICES

PRESSURE CLEANING SPECIALS

- Screen Repair
- Tile Repair
- Sheet Rock Repairs
- Soffits, Fascia, Siding
- Sewer & Drain Cleaning
- Interior Trim Work
- The "Honey Do" List
- & MUCH MORE

Free Estimates Over 20 Yrs. Exp • Lic/Ins

Cannot be combined with any other offer. Must present HTM coupon.

\$10 OFF ANY SCREEN REPAIR	\$75 2-Car Driveways up to 750 Square Ft.	\$149 Any Single Family 3/2 Home & 2 Car Driveway.
--------------------------------------	---	--

321-302-9441

EXTENDED TRAVEL

The 55+ Club has been fortunate to team up with Collette Travel and Premiere Discovery Travel to offer several amazing trips. Pick up a flyer with more detailed information on these offerings in 2017.

DAY TRAVEL

Watch for a January 25th trip to Victory Casino Cruise. Trip cost is \$35 and will include your transportation, entrance fee, \$20 in for play & lunch. Please contact Norma or Camile for bookings. Thank you to Norma English and Camile DiLorenzo for taking over the Day Travel group.

Travel Contacts:

Extended Trips -Jill Blakeway 321/773-2080 jillB215@aol.com
Day Travel - Norma English 243-5708 & Camile DiLorenzo 978/394-6692

UPCOMING EXTENDED TRIPS FOR 2017

April 19	Discover Cuba
April 30	Pigeon Forge & Smoky Mountains Show Trip
June 7	Great Canadian Cities
June 9	America's Cowboy Country
July 30	The Ark Encounter
Sept. 8	Magical Rhine & Mosell
Sept. 24	Great Trains & Grand Canyons



Opening in June!

ZON BEACHSIDE
ASSISTED LUXURY LIVING

YOUR LIFE. YOUR WAY.

- Assisted Living & Memory Care
- Spacious Studio & 1 Bedroom Options Available with Walk Out Balconies
- Beachside Living
- Resort Style Amenities
- Restaurant Style Dining
- Daily Happy Hour
- Enhanced Safety Monitoring Technology
- Signature "Hands with Heart" Service

Renderings of our new facility.

Call Now to Reserve Your Apartment
321-777-8840
1894 South Patrick Drive
Indian Harbour Beach, Florida
ZonBeachside.com