

David R. Schechter Community Center 1089 S. Patrick Drive Satellite Beach, FL 32937 PRSRT STD U.S. POSTAGE PAID MELBOURNE FL PERMIT No. 495

55+CLUB NEWSLETTER • MARCH - APRIL 2019



Happy Birthday to our MARCH - APRIL Members

Isle of Capri Day Trip January 30, 2019





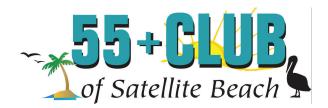




L to R - Trudy P., Roy S., Janmarie C., Val & Bill S., Joyce S.

"The best way to pay for a lovely moment is to enjoy it"
-Richard Bach

NEWSLETTER • MARCH - APRIL 2019



55+ Club is dedicated to "SEE" Social, Education and Entertainment

KNOW YOUR COMMITTEE MEMBERS

Chairperson, Joyce Scafidi 961-6408 Vice Chair, Louise Stevenson 202-7337 Corres. Sec, Trudy Poppiti 779-1614 Record Sec, Michele Bevacqua 783-8942 Treasurer, Trudy Hughes 223-7249 Member@Large, Terry Mellon 773-7705

Advert/PR, Jill B.	773-2080
Bingo, Anna F.	961-5771
Book Club, Joyce S.	961-640
Bridge, Nancy H. 84	5/389-0899
Bunco, Barbara H.	773-3050
Cards/Games am, Barbara H.	773-3050
Cards/Games pm,Terry M.	773-7705
Chess, Dick K.	777-0255
Couponing, Terry M.	773-7705
Cribbage, Terry M.	773-7705
Dinner Gang, Floss O.	773-6073
Early Bird Dining, Joan S.	917-8119
Email Notices, Louise S.	202-7337
Fishing, Gene O.	773-4647
Food Service, Susie D.	777-1398
Gardening Group, Gene	773-4647
Greeting Table, Joanne F. & Gr	ace M.
	773-8820

773-8820 Line Dance, Tues. Candy A. 779-2941 Line Dancing, Thur Trudy H. 223-7249 773-3050 Lunch Bunch, Barbara H. Mahjongg, Barbara H. 773-3050 Membership, Louise S. 202-7337 202-7337 Newsletter, Louise S. Social Events, Phyllis P. 777-2208 & Marianne S. 777-2353 OPEN Travel-Day Travel-Extended, Jill B. 773-2080 Walking, Gloria H. 622-8394 Website & FB, Louise S. 202-7337

SENIOR HELP LINE 211

SPONSOR SPOTLIGHT BREVARD RELOCATE REALTY GROUP

From the desk of Debbie Fischer, SRES® Broker/Owner

You may be thinking about downsizing or exploring various 55+ communities in this area but the thought of it all is overwhelming. Looking around your home you think, "where do I even begin?" What do I part with, what do I need, what furniture will fit if you downsize, packing, unpacking All of this becomes very stressful and is an enormous task.

A Senior Real Estate Specialist can assist you every step of the way. This is a Realtor who has undergone additional training to orchestrate the often-complex move of a 55+ client. This elite



Debbie Fischer of Brevard Relocate Realty Group

group of SRES® designees represents less than 2% of all Realtors, according to the National Allocation of Realtors®. A SRES® offers FREE consultations to understand the differences in various 55+ living communities, CCRC, Assisted Living and Memory Care facilities. We discuss paying for senior living costs, VA Aid & Attendance, Medicaid Waiver program, interest only bridge loans to cover costs PRIOR to the home being sold or buying your new home without a mortgage payment.

Our professional network offers you a One-Stop solution for all your real estate needs from contract to the closing table. Our network includes: Senior Real Estate Specialists, Elder Law Attorney, Estate Sales, packing & sorting, Senior Move Manager, moving company and space design & measuring furniture for your new location.

To schedule a FREE consultation call me, Debbie Fischer, at 321/298-5562 or stop by our office located at ONE SENIOR PLACE, 8085 Spyglass Hill Rd. in Viera.



SPRING FASHION SHOW

Mark your calendar for Thursday April 25, 2019 at 11:00AM for this Spring event which will be held at the DRS Community Center. See fashions by Bon Worth, enjoy a fun game, delicious lunch and door prizes. Tickets are \$5.00 and will go on sale March 11th. Tickets will be available from the SB Recreation office, at Bingo and from some committee chairpersons.

Please Support our Fine Advertisers!!!

Welcome Jan/Feb **New Members**

Patricia Cassese Michelle Crown Wanell Donnelli Joanne Fletcher Alberta Flowers Charles Fry Yvonne Gargagliano Linda Gow Karen & Michael Hamman Ronald Hess Jenny & John Kissane Francisco Wanoja-Serra Elaine Mazzoni Louise Muffly Christine Myer's Fenella Padrino Elida Quintanilla Joseph Recor Eleanor Romero Thelma Toomey Rose Veltri Laverne Wade Delayne Wells Irene Weaver Donna Worthington Barbara Zuffa

GARDENING GROUP

55+ CLUB GARDENERS

We are pleased to inform you that the 55+ Club has started a new Gardeners Group. Along with other ideas, the group has secured a 4x8 raised garden plot at The Logos Community Garden, built on the grounds of Desoto Park by the racquetball courts. A community garden is a collaborative green space in which the participants share in both the maintenance and the rewards.

On Feb. 11th, five members that we knew were interested met for an informal meeting to discuss the direction of this group and to share ideas. It was decided that the group would meet on the 2nd Monday of each month at 11:00am at the DRS Community Center. We know that there must be many more gardeners out there! Please contact Gene O'Connell at 321/773- 4647 jomagelo@aol.com to find out more information on how to join and ask questions. Please share this information with other 55+ members who might be interested or prospective future members.

HELP NEEDED

The 55+ Club is in need of chairpersons to assist with: Day Travel and Walking. You would not be alone, as there are always many members who are willing to assist. Day Travel - work with local travel agencies to decide on trips, dates and assist during trip. Your trip is FREE! Walking - We are in need of a couple more people to be assigned a key. Those who have keys take turns unlocking/locking the gym when done. This can be a team effort and not just one person. Please consider helping! Call to ask questions and get more details. Don't allow these programs to be discontinued! Eventually that may be what will happen! If you can assist with any of the above, please contact Chairperson, Joyce Scafidi, 321/961-6408 or roysjoyce@aol.com





CLUB INFORMATION & COMMUNITY ACTIVITIES

SPREAD THE LOVE!

Members of the 55+ Club celebrated Valentine's day in style with wonderful food catered by Zon Beachside. Quite a spread with pork and chicken and roasted vegetables and the desserts, wow! They really out did themselves. Janet Whiskers brought us up to date with the progress of their new addition, it's a state -of -the -art facility unlike anything

Jane Check and Elaine Lewis won \$20 a piece when they both answered the most questions correctly in the Valentines Trivia quiz. Their high score was 6 out of 11, perhaps everyone should brush up on the Valentines facts!

Thank you to Zon Beachside for a wonderful day and to their residents who sent warm greetings to our members in personalized cards. (Submitted by, Jill Blakeway)

BINGO

Changes are happening at Monday Bingo and we want to thank Louise Tavani for her chairmanship over the 55+ Club's Bingo for many years. Louise has been a part of bingo since the club began in 2002 and has continued her involvement helping make bingo a popular activity for our club members. We welcome Anna Fake who has stepped up as Bingo Chairperson, we know she will do a great job. Thank you to the entire bingo team for all your assistance and thank you to those ladies who stayed on to continue to assist Anna. Do you want to learn more about Monday Bingo? Perhaps assist or just enjoy playing? Contact Anna at 321/961-5771 or afake 1105@gmail.com

2019 DUES

Members who's dues were not paid by the end of February were removed from our membership list and will have not received this newsletter. However, once dues have been paid we will happily renew your membership. If you know someone who has not paid their 2019 dues, please encourage them to do so right away. Payments can be made at the DRS Community Center, Bingo or given to any committee member.

ALL members are being asked to fill out a new membership card. WHY? We are collecting emergency contact names and phone numbers. If possible, please provide a name and number of a person **NOT** living in your home. First, unfortunately, we had no one to contact when a couple of our members recently had falls. Secondly, after 17 years the membership cards have gotten rather messy! Thirdly, this is a good way to update all of your information.

Iennifer Helin



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COMMUNITY ACTIVITIES

SB Farmers Market Thursdays from 10am-4pm located at Pelican Beach Park: Satellite Beach:

PAL Family Fest 3rd Friday of each month from 5-9pm at the DRS Community Center. Enjoy Food Trucks and KIDZ Korner with crafts & games for the kids;

March 2: City-Wide Garage Sale;

March 2: Move Your Mutt 2 Miler Run, walk or wag your tail, support Brevard ASAP visit http://uprunningracemanagement. com/move-your-mutt-2miler/;

March 2: PAL Garage & Bike Sale 8am-12pm;

March 9: Mayors Fitness Challenge City Scavenger Hunt, \$10 per

March 30: Relay for Life of So Brevard Beaches 3-9pm at PB Park; April 27: 3rd Annual Garden & Earth Day Fair at the DRS Community Center 9am-2pm

For more detailed information on listings shown above, pick up a Recreation Activity Booklet at the DRS community center or go to their website www.satellitebeachrecreation.org







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AVOID SCAMS

What should you do if someone calls and asks for your information, for money, or threatens to cancel your health benefits if you don't share your personal information? Hang up! It's a scam. Scam artists may try to steal your personal information by calling you and asking for your current Medicare Number to get your new Medicare card.

Medicare will never call uninvited and ask you to give personal information or money to get your new Medicare Number or card. Go to MyMedicare.gov to learn what to do if you get a suspicious call like this.

CHESS OPPORTUNITIES

Want to play or interested in learning? Contact club member Dick Kircher at rakircher@gmail.com or 321-777-0255 to discuss the current chess activity in our area.

SNAIL MAIL VS. EMAIL

The 55+ Club has been working on reducing the cost of postage incurred with the mailing of the club newsletter. Many members have signed up to receive their newsletter via email rather than postal mail. If you have email access, we are asking you to sign up NOW. At some point, maybe soon, it may occur that the cost of postage becomes prohibitive and the choice will be rather than discontinue the newsletter, those who have email will only receive it electronically. Please contact Louise S. at 321/202-7337 or louinthesun@cfl.rr.com to sign up for this service.

I can't change the direction of the wind, but I can adjust my sails to always reach my destination.

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Email: VolunteerServices@HospiceOfStFrancis.com

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New Volunteer Training Classes beginning in mid-February in North and Central Brevard. Join us!

Brevard Relocate Realty Group



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of Sat

MARCH 2019



Ed Kunigonis & Bob Caldo snagged a Red Drum! Join the Fishing Group on the 3rd Thurs... Ibm at Reef O'Brady's

Valentine Luncheon • February 2019			Thurs., Ipm at Beef O'Brady's		
Monday	Tuesday	Wednesday	Thursday	Friday	
11:00am-1:30pm:	8:00-9:00am Indoor Walking DRS Gym, Gloria: 622-8394	8:00-9:00am Indoor Walking DRS Gym, Gloria: 622-8394	8:00-9:00am Indoor Walking DRS Gym, Gloria: 622-8394	8	
Bingo, SB Civic Center, 565 Cassia Blvd. (doors open 9:00am) Anna: 961-5771	I:00pm Line Dancing DRS Center, \$2.00, Candy: 779-2941 5:30pm Dinner Gang at Olive Garden in Melbourne, Floss: 773- 6073	9:30-11:30am Mahjongg DRS Center Barbara: 773- 3050 12:00 noon Book Club at the DRS, Joyce: 961-6408 6:00-9:00pm pool, cards, board games,DRS Center,Terry: 773-7705	9:00am-2:00pm: cards, board games, pool & table tennis, DRS Center, Barbara: 773-3050 I:00pm: Line Dancing DRS Center, \$3.00, Trudy: 223-7249	I0:00am-I:00pm Bunco at Bizzaro's in SB \$5/ members & \$7/guest, Barbara: 773-3050	
9:15am Blood Pressure Checks by VNA at Bingo 11:00am-1:30pm: Bingo, SB Civic Center, 565 Cassia Blvd. (open 9:00am) Anna: 961-5771 11:00am 55+ Gardeners at DRS	8:00-9:00am Indoor Walking, DRS Gym, Gloria: 622-8394 I:00pm Line Dancing DRS Center, \$2.00, Candy: 779-2941	8:00-9:00am Indoor Walking DRS Gym, Gloria: 622-8394 9:30-11:30am Mahjongg DRS Center Barbara: 773- 3050 5:00pm Early Birds Diners, Mulligans on Eau Gallie, Joan: 917-8119 6:00-9:00pm: pool, cards, board games, DRS Center, Terry: 773-7705	8:00-9:00am Indoor Walking DRS Gym, Gloria: 622-8394 9:00am-2:00pm: cards, board games, pool & table tennis, DRS Center, Barbara: 773-3050 I:00pm: Line Dancing DRS Center, \$3.00, Trudy: 223-7249	Valentines Day February 2019	
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Wed. April 17th Board Meeting at the DRS, members welcome!

TRAVEL INFORMATION & UPCOMING EVENTS

RECAP OF EVENTS & TRIPS

THE ISLE OF CAPRI

Thirty-five members boarded the bus and played a fun game of bingo on the way to the casino in Pompano Beach. Once at the casino, we enjoyed a day of gaming. The buffet lunch was delicious with all sorts of food choices, drinks & desserts. On the return we watched the movie, The Best of Me based on the book by the same name by Nicholas Sparks. Everyone enjoyed the day and Lady Luck helped some come home money ahead! (Submitted by Terry Mellon)

TRAVEL ~ DAY TRIPS (MORE TO COME

So Sorry! Until we can find a person or persons willing to assist with Day Trips there won't be any day time excursions planned. Please stay posted on updates regarding Day Travel.

EXTENDED TRIPS MYRTLE BEACH

Myrtle Beach Show trip, April 8-12 2019. Cost: \$559 per person based on double occupancy. We will see the fabulous Carolina Opry and exciting Legends in Concert as well as a visit to the L.W. Paul Living History Farm and Barefoot Landing. Can't find a roommate, give me a call, maybe I can help. Jill Blakeway 321/773-2080 jillB215@ aol.com

The 55+ Club has partnered with Collette travel to bring you some exciting travel excursions:

Discover these great adventures: Enjoy South Dakota July 12-18, 2019; Explore Tuscany; November 9-17, 2019; Visit Scotland March 15-24, 2020.

Check the brochure rack at the DRS Center or more info or call Jill 321-773-2080 JillB215@aol.com

A MATTER OF BALANCE

Classes meet weekly for 8 weeks and a new session begins Tuesday, April 2nd from 1:00-2:00pm at the DRS Community Center. This is a program sponsored by Aging Matters and emphasizes practical strategies to manage falls. Registration required by calling 321/806-3741 or email pschroeder@agingmattersbrevard.org

NEW ACTIVITIES

The 55+ Club is always interested to hear of additional activities that you would like to see offered. That being said, if you have an activity thought you would like to share we hope you would be willing to assist to make it happen. Please contact Terry Mellon at 321/773-7705 or boogieb 10@gmail.com to share your ideas.

QUOTES AND QUIPS

We would like to add quotes to the club newsletter if space permits and I'm asking members to send me their favorite quotes or words that have meaning to you. Thank you! 321/202-7337 or louinthesun@cfl.rr.com

What lies behind us and what lies before us are tiny matters compared to what lies within us.

-RalphWaldo Emerson

We make a living by what we get we make a life by what we give. -Sir Winston Churchill

One thing you can't recycle is wasted time.

-Anon.

Senility Prayer

Grant me the senility to forget the people I never liked
The good fortune to run into the people I do like
The eyesight to tell the difference.

