

David R. Schechter Community Center 1089 S. Patrick Drive Satellite Beach, FL 32937 PRSRT STD U.S. POSTAGE PAID MELBOURNE FL PERMIT No. 495

55+CLUB NEWSLETTER • JULY-AUGUST 2019



Happy Birthday to our JULY & AUGUST Members

MYRTLE BEACH TRIP RECAP APRIL 8-12, 2019 • An AMAZING Trip!

We had a wonderful visit to Myrtle Beach! Where did the days go? We travelled with the nicest group of people; everyone was so happy, polite, helpful and courteous ... we all made a lot of new friends!

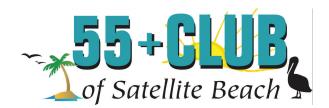
Our bus driver was adorable, everyone wanted to adopt him and take him home! Diamond Tours are fantastic trips, so organized, things just flow so smoothly. Our itinerary included a visit to a working farm, museums, quaint shopping areas, gift shops and restaurants. And of course great shows; we saw some fantastic entertainment, a magic show and maybe best of all comedy. We didn't have to drive to places we are not familiar with, we didn't have to fight city traffic. Our stops were planned and there was always someone there to greet us and tell us where to go. We had the comfort and security of knowing people were watching out for each other yet respecting our independence. So many of us are widows or widowers and don't like to travel alone, we have the solution! Join us next time, forget about those aches and pains, they will still be there when you return but you will have had an amazing experience for a few wonderful days.



Submitted by Jill Blakeway

www.55plusclubofsb.com • (321) 773-6458

NEWSLETTER • JULY-AUGUST 2019



55+ Club is dedicated to "SEE" Social, Education and Entertainment

KNOW YOUR COMMITTEE MEMBERS

Chairperson, Joyce Scafidi 961-6408
Vice Chair, Louise Stevenson 202-7337
Corres. Sec, Trudy Poppiti 779-1614
Record Sec, Michele Bevacqua 783-8942
Treasurer, Trudy Hughes 223-7249
Member@Large, Terry Mellon 773-7705

Advisor, Barbara Hessler 773-3050 Advert/PR, Jill B. 773-2080 Bingo, Anna F. 961-5771 Book Club, Joyce S. 961-6408 Bridge, Nancy H. 845/389-0899 Bunco, Barbara H. 773-3050 Cards/Games am, Barbara H. 773-3050 Cards/Games pm, Terry M. 773-7705 Chess, Dick K. 777-0255 773-7705 Couponing, Terry M. Cribbage, Terry M. 773-7705 773-3050 Dinner Gang, Barbara H. Early Bird Dining, Joan S. 917-8119 202-7337 Email Notices, Louise S. 773-4647 Fishing, Gene O. Food Service, Susie D. 777-1398 773-4647 Gardening Group, Gene Line Dance, Tues. Candy A. 779-2941 Line Dancing, Thur Trudy H. 223-7249 Lunch Bunch, Barbara H. 773-3050 Mahjongg, Barbara H. 773-3050 Membership, Louise S. 202-7337 Newsletter, Louise S. 202-7337 Social Events, Phyllis P. 777-2208 & Marianne S. 777-2353 Travel-Day Mary Ann D'Arminio 609/705-2345 Rita Yahm 732/773-2379 321/600-4109 Ann Gladstone Travel-Extended, Jill B. 773-2080 Walking, Gigie K. (W&Th) 693-0520 626-0835 lean I. (Tues) Website & FB, Louise S. 202-7337

SENIOR HELP LINE 211

SPONSOR SPOTLIGHT VITAS HEALTHCARE

Hospice Care: What to expect when your loved one is at home

A main concern for most people faced with terminal illness is whether they'll be able to die wherever they call "home." Hospice care helps eliminate that worry, making it possible for people to spend their final moments of life in their preferred surroundings.

By definition, hospice is intended to help terminally ill people remain comfortable during the last six months of their lives. The care can be administered at the patient's home, hospice inpatient units as well as hospitals, nursing homes and assisted living communities or residential care facilities.

When a loved one is receiving hospice care at home, these are the questions hospice providers are often asked:

- How will pain be managed? Hospice is an end-of-life care option tailored to the needs of each patient and family. It includes expert pain management, but also goes beyond medical care, by providing emotional and spiritual support. The care is provided by interdisciplinary teams of palliative care experts, including physicians, nurses, home health aides, social workers, chaplains, bereavement specialists and volunteers.
- •If the patient prefers to remain at home, what kind of assistance and in-home care will be available? Routine home care is available in accordance to the patient's individualized plan of care. Continuous care, during a brief period of crisis, can be available for up to 24 hours a day. When patients or family members have questions or concerns after business hours, they can often get immediate answers and help by calling an after-hours service.
- What does hospice care cost? Does insurance cover it? Medicare pays for hospice services. Many states have established Medicaid coverage for hospice, and almost all private insurers and managed care plans provide coverage for hospice care as well

For more information about hospice care or your end-of-life care options, call VITAS Healthcare at 321-751-6671 or visit www.VITAS.com/Florida

By Susan Acocella, VITAS Healthcare General Manager

NEW MEMBER WINE AND CHEESE RECEPTION

You are welcome to join us on September 20, 2019 at 4:00pm at the David R. Schechter Community Center. Enjoy wine, tea and hors de'oeuvres. Meet board and committee members and learn about the various activities offered and ask questions. Members who have joined our club from Sept. 2018 through Sept. 2019 will receive a mailed post card invitation. Current club members & guests are invited to attend at a cost of \$5pp. Tickets are required and are limited!!!! Tickets may be purchased at the DRS Community Center beginning August 19th. Questions can be directed to Louise S. at 321/202-7337 or louinthesun@cfl.rr.com

www.55plusclubofsb.com • (321) 773-6458

Please Support our Fine Advertisers!!!



her 93rd birthday with the Sassy (Surprisingly Agile Seniors Staying Young) line dance group. She loves to dance and leads a very active lifestyle. So no more excuses folks. Come on down and meet Bernice and the rest of the dancers on Tuesdays at 1:00pm. It's all about moving and having fun. Bernice has a tote that has this saying on it "All The Ills Of Mankind, All The Tragic Misfortunes That Fill Our History Books, All

LINE DANCING: Bernice Roth just celebrated her 93rd birthday with the Sassy (Surprisingly Agile Leaders Have Arisen Merely From A Lack of Skill In Seniors Staying Young) line dance group. She loves Dancing" Moliere (1622-1673)

MOVIE GROUP is on hold for now due to some unforeseen circumstances. Watch for updates.

When life isn't going right, turn left!

Brevard Relocate Realty Group



Specializing in 55+ Buyers and Sellers

Call today for a Free consultation 321-298-5562
BrevardRelocate@gmail.com

www.BrevardRelocateRealty.com

130 Harris Blvd, Indialantic, FL 32903

Meet Debbie Fischer, SRES®, Broker/Owner. A Senior Real Estate Specialist (SRES).

Proudly serving seniors in Brevard since 2003!



We Specialize in Life Transition Home Sales & "Rightsizing"

OUR ONE-STOP NETWORK OF PROFESSIONAL SERVICES INCLUDE:

- ◆ Selling your home for the highest dollar amount in the least amount of time
- ♦ Need a Handyman or Landscaping prior to listing
- ♦ An Estate Sale, Packing, Sorting, Unpacking, Movers

We coordinate the entire process

Making buying/selling as Stress-Free as possible

Let's find you the "Right size" home

Memory Care Now Open!

We're Always Here For You.

Assisted Living and Memory Care Services in a unique Waterfront Setting

Our highly trained staff works 24 hours a day to provide all the support your loved one needs.

Call today for a tour:

321-622-6730





1279 Houston Street, Melbourne, Fl 32935 VictoriaLanding.com Assisted Living Facility and Memory Care License #12434



CLUB INFORMATION & COMMUNITY ACTIVITIES

help your club with little commitment. The 55+ Club offers 5 to 6 social events for the year Sept.-April. Each event is planned by our Social Chairpersons, but they also need assistance the day of the event, so we are putting together a "Hospitality Team" that will be the "busy bees" on the day of event with setting the tables, help with decorations, food prep and sometimes serving. After the event, help with clean up. All the planning will be done, we just need a few extra hands to assist. Remember, it takes a village! If you can assist us please contact Louise S. at 321/202-7337 or louinthesun@cfl.rr.com

at the tennis court area off of DeSoto is moving along. Unfortunately the club was inadvertently assigned the wrong area and spent time cleaning and weeding only to find out they were assigned the wrong bed! They have been assigned #13 and they've decided that's going to be a lucky number!! So back to square one with weeding etc. If you are available, PLEASE DO go over to the bed and weed. Even though it has been weeded, we know more weeds will pop back up and any additional pulling will help. It's a nice little area tucked back in the south

east section with a picnic table in the shade, so bring your lunch.

In the future Gene would like to plan a trip to a local garden, but haven't decided where and when. Come join them at the meetings on the second Mondays at 11:00am at the DRS Center. Call him for summer meeting location, and please, bring a friend. Gene also can share some good information about container gardening! Contact Gene at 321/773-4647 jomagelo@aol. com

WALKING will resume Tues. September 3rd from 8:00am to 9:30am with Jean's extra help and will only be available on Tuesdays and Thursdays until Gigie returns mid-November. We will announce when walking resumes on Wednesdays. THANK YOU to Jean Iorio and Gigie Kunigonis for continuing to assist with this activity.

EVENTS — Phyllis and Marianne are planning several entertaining events for 2019 and 2020. Make a note of these dates and more information will follow. New Member Reception — Sept. 20th; Fall Fest — Oct 24th and Annual Meeting and Holiday Luncheon — Dec. 12th.

Welcome New Members

Virginia Barnes

Camila Davis

Lynda Delozier Evelyn & Robert Dodge

Agnes Early

Evelyn Greenis

Soolay Kantz

Carol Klaus

Colleen Levow

Ronald Linville

Jennifer Mezzullo

Pyper Mitchell

Vincent Santino

Carol Wellman



Call Now to Reserve Your Apartment **321-777-8840**

1894 South Patrick Drive Indian Harbour Beach, Florida

ZonBeachside.com



ZON BEACHSIDE

YOUR LIFE. YOUR WAY.

- Assisted Living & Memory Care
- Spacious Studio & 1 Bedroom Options Available with Walk Out Balconies
- Beachside Living
- Resort Style Amenities
- Restaurant Style Dining
- Daily Happy Hour
- Enhanced Safety Monitoring Technology
- Signature "Hands with Heart" Service

TRAVEL INFORMATION & UPCOMING EVENTS

TRAVEL ~ DAY TRIP RECAP AND TRIP

We want to thank Mary Ann D'Arminio, Rita Yahm and Ann Gladstone for stepping up to take over Day Trips. The ladies have met and are planning a great day travel year for Sept. 2019 through May 2020. Watch for more details on dates, cost etc. In the meantime here's an idea on what's planned. September – Capone's Dinner Theatre; October – Casino Trip; November – Mid Evil Times; December – St. Augustine Lights; January – Casino Trip; February – Theatre & dinner; March – Casino Trip; April – Sanford Paddle Boat & Lunch; May – Casino Trip.

DAY TRIP RECAP

Club members enjoyed a day trip to Isle of Capri on May 21st with bingo on the bus and 2 great movies on the way there and back. They arrived before lunch, gambled a bit and then enjoyed a delicious buffet. Don't miss out on the fun & friends by joining them for future trips!

Capone's Dinner Theatre, Sept. 19, 2019. The cost is \$58pp and includes a 1:00pm matinee, buffet with carving station, all you can drink (including alcohol) dessert, show and

transportation. "Knock three times, give the secret password and discover the mysterious world of 1931 gangland Chicago. Enjoy their entertaining, hysterical, all-new show that delivers loads of laughs, gangster action, audience interaction and toe-tapping musical productions".

The bus departs the DRS Community Center at 10:30am and returns at approx. 6:30pm. Drop off checks only – payable to "Casino Connections" at the DRS Community Center by September 9th. Your payment is your reservation. Specific questions can be directed Mary Ann D'Arminio 609/705-2345 or Casey at 321/432-1511.

EXTENDED TRIPS

The 55+ Club has partnered with Collette travel to bring you some exciting travel excursions:

Explore Tuscany ... November 9-17 2019
Discover Scotland March 15-24 2020

Check the brochure rack at the DRS Community Center for more info or call Jill 321-773-2080 JillB215@aol.com

"BETWEEN THE LINES", 55+ BOOK CLUB



The book club had a great turn out for their last meeting on May 1st before breaking for the summer. Their guest speaker was club member, Grace Michaelson, author of the book, "The Skirl of the Pipes". Grace is 94 years young and has published this book as a goal in life of something that she has always dreamed of doing. Proving you are never too old to follow your dream! Also, at this meeting the members of the Book Club decided to name their group "Between the Lines - "55+ Book Club". Trudy Hughes made a Linzer Torte that was mentioned in the book that they were discussing, The Huntress. The group will resume September 4th at the DRS Community Center.

.....



MEMBERSHIP DUES INCREASE

Yearly 55+ Club dues will increase to \$10 for 2020. Like everything else, costs have increased and this raise is necessary. In 2001 when this club started dues were \$5!! We've always strived to keep costs low and we are proud have been able to continue that for many years. Renewal begins in September, but you are welcome to pay your 2020 dues anytime.

Looking for a place to share your time and talents? Love helping others?

Become a Hospice of St. Francis volunteer!



We offer a wide range of

Rewarding Volunteer Positions.

Call 321-269-4240 for more information.

Email: VolunteerServices@HospiceOfStFrancis.com

Website: HospiceOfStFrancis.com

New Volunteer Training Classes beginning in mid-February in North and Central Brevard. Join us!

Page 4 www.55plusclubofsb.com • (321) 773-6458

Monday	Tuesday	Wednesday	Thursday	Friday
II:00am-I:30pm: Bingo, SB Civic Center, 565 Cassia Blvd. (doors open 9:00am) Anna: 96I-577I	NO WALKING I:00pm: Line Dancing DRS Center \$2.00 Candy: 779-2941 5:30pm Dinner Gang at Nikis Rainbow Diner on AIA Barbara: 773- 3050	NO WALKING or BOOK CLUB 9:30-11:30am: Mahjongg DRS Center Barbara: 773- 3050 6:00-9:00pm: pool, cards, board games, DRS Center, Terry: 773-7705	INDEPENDENCE DAY 4th of July NO WALKING, CARDS & GAMES AND LINE DANCE	Myrtle Beach Trip
9:15am: Blood Pressure Checks by VNA at Bingo 11:00am-1:30pm: Bingo, SB Civic Center, 565 Cassia Blvd. (doors open 9:00am) Anna: 961-5771 11:00am: Garden Group DRS Community Center, Gene: 773-4647	NO WALKING 1:00pm: Line Dancing DRS Center \$2.00 Candy: 779-2941	NO WALKING 9:30-11:30am: Mahjongg DRS Center Barbara: 773- 3050 5:00pm Early Birds Diners Joan: 917-8119 6:00-9:00pm: pool, cards, board games, DRS Center, Terry: 773-7705	NO WALKING 9:00am-2:00pm: cards, board games, pool & table tennis, DRS Center, Barbara: 773-3050 I:00pm: Line Dancing, DRS Center, \$3.00, Trudy: 223-7249	I0:00am-I:00pm: Bunco at Bizzaro's in SB \$5/members & \$7/guest, Barbara: 773-3050
II:00am-I:30pm: Bingo, SB Civic Center, 565 Cassia Blvd. (doors open 9:00am) Anna: 961-5771	NO WALKING 1:00pm Line Dancing DRS Center \$2.00 Candy: 779-2941	NO WALKING 9:30-11:30am: Mahjongg DRS Center, Barbara: 773-3050 12:30pm: Lunch Bunch, Tely's Chinese in Melbourne. Barbara: 773-3050 2:00-3:00pm: Coupon Group SB Library Terry: 773-7705 (bring new & expired coupons) 6:00-9:00pm: pool, cards, board games, DRS Center, Terry: 773-7705	NO WALKING 9:00am-2:00pm: cards, board games, pool & table tennis, DRS Center, Barbara: 773-3050 1:00pm: Line Dancing, DRS Center, \$3.00, Trudy: 223-7249 1:00-3:00pm: Gone Fishin' at Beef O'Brady's; Gene: 773-4647	Myrtle Beach Trip
I1:00am-1:30pm: Bingo, SB Civic Center, 565 Cassia Blvd. (doors open 9:00am) Anna: 961-5771	NO WALKING I:00pm: Line Dancing DRS Center \$2.00 Candy: 779-2941	NO WALKING 9:30-11:30am: Mahjongg DRS Center, Barbara: 773-3050 6:00-9:00pm: pool, cards, board games, DRS Center, Terry: 773-7705	NO WALKING 9:00am-2:00pm: cards, board games, pool & table tennis, DRS Center, Barbara: 773-3050 1:00pm: Line Dancing, DRS Center, \$3.00, Trudy: 223-7249	26
11:00am-1:30pm: Bingo, SB Civic Center, 565 Cassia Blvd. (doors open 9:00am) Anna: 961-5771	NO WALKING I:00pm: Line Dancing DRS Center \$2.00 Candy: 779-2941	NO WALKING 9:30-11:30am: Mahjongg DRS Center, Barbara: 773-3050 6:00-9:00pm: pool, cards, board games, DRS Center, Terry: 773-7705	JULY 2019 255+CL 2 of Satellite Bed	B,

Monday	Tuesday	Wednesday	Thursday	Friday
		IST 19 ELUB, ite Beach \$	NO WALKING 9:00am-2:00pm: cards, board games, pool & table tennis, DRS Center, Barbara: 773-3050 I:00pm: Line Dancing, DRS Center, \$3.00, Trudy: 223-7249	2
I 1:00am-1:30pm: Bingo, SB Civic Center, 565 Cassia Blvd. (doors open 9:00am) Anna: 961-5771	NO WALKING I:00pm: Line Dancing DRS Center, \$2.00, Candy: 779-2941 5:30pm Dinner Gang at the Italian Tavern at 586 A I A, Barbara: 773- 3050	NO WALKING or BOOK CLUB 9:30-11:30am: Mahjongg DRS Center Barbara: 773- 3050 6:00-9:00pm: pool, cards, board games, DRS Center, Terry: 773-7705	NO WALKING 9:00am-2:00pm: cards, board games, pool & table tennis, DRS Center, Barbara: 773-3050 I:00pm: Line Dancing, DRS Center, \$3.00, Trudy: 223-7249	I0:00am-1:00pm: Bunco at Bizzaro's in SB \$5/members & \$7/guest, Barbara: 773- 3050
9:15am Blood Pressure Checks by VNA at Bingo 11:00am-1:30pm: Bingo, SB Civic Center, 565 Cassia Blvd. (doors open 9:00am) Anna: 961-5771 11:00am Garden Group DRS Community Center, Gene: 773-4647	NO WALKING I:00pm: Line Dancing DRS Center \$2.00 Candy: 779-2941	NO WALKING 9:30-11:30am: Mahjongg DRS Center Barbara: 773- 3050 5:00pm Early Birds Diners Joan: 917-8119 6:00-9:00pm: pool, cards, board games, DRS Center, Terry: 773-7705	9:00am-2:00pm: cards, board games, pool & table tennis, DRS Center, Barbara: 773-3050 1:00pm: Line Dancing, DRS Center, \$3.00, Trudy: 223-7249 1:00-3:00pm: Gone Fishin' at Beef O'Brady's; Gene: 773-4647	16
II:00am-1:30pm: Bingo, SB Civic Center, 565 Cassia Blvd. (doors open 9:00am) Anna: 961-5771	NO WALKING 1:00pm: Line Dancing DRS Center \$2.00 Candy: 779-2941	NO WALKING 9:30-11:30am: Mahjongg DRS Center, Barbara: 773-3050 12:30pm: Lunch Bunch, Mulligan's on Eau Gallie. Barbara: 773-3050 2:00-3:00pm: Coupon Group SB Library Terry: 773-7705 (bring new & expired coupons) 6:00-9:00pm: pool, cards, board games, DRS Center, Terry: 773-7705	NO WALKING 9:00am-2:00pm: cards, board games, pool & table tennis, DRS Center, Barbara: 773-3050 1:00pm: Line Dancing, DRS Center, \$3.00, Trudy: 223-7249	23
11:00am-1:30pm: Bingo, SB Civic Center, 565 Cassia Blvd. (doors open 9:00am) Anna: 961-5771	NO WALKING I:00pm: Line Dancing DRS Center \$2.00 Candy: 779-2941	NO WALKING 9:30-11:30am: Mahjongg DRS Center, Barbara: 773-3050 6:00-9:00pm: pool, cards, board games, DRS Center, Terry: 773-7705	NO WALKING 9:00am-2:00pm: cards, board games, pool & table tennis, DRS Center, Barbara: 773-3050 I:00pm: Line Dancing, DRS Center, \$3.00, Trudy: 223-7249	30

CLUB INFORMATION & COMMUNITY ACTIVITIES

FASHION SHOW

The April 25th Fashion Show by Bon Worth was a great success! Those that attended enjoyed a fun Turkey Shoot card game, a delicious lunch, an entertaining fashion show and lots of door prizes. Soooo many people to thank! In the kitchen- Susie Dyer, Phyllis Principe', Marianne Sinclair, Joan Spencer, Trudy Poppiti, Cynthia Ripley, Jill Blakeway, Joyce Scafidi.

Table decorations - Trudy Popitti & Barbara Hessler; Turkey Shoot Game - Terry Mellon & Anna Fake; Check in & 50/50 sales -Betsy Haff and Joanne Everett; Set up, serving & clean up - All of the names mentioned!!! Thank you to our models who did a wonderful job! Rita Yahm, Mary Ann D'Areminio, Marie Clayborne, Gigi Kunigionis, Marianne Sinclair & Trudy Poppiti. Thank you to Cate Witmer for displaying her handmade jewelry and to Donna, Janet, Jo & Vicky from Bon Worth.

A very special thank you to the SB Recreation Dept. for their continued support of the 55+ Club and thank you to the Public Work staff for putting up and taking down the tables and chairs.

> I regret not developing my photographic memory!

FASHION SHOW SEASON











Jennifer Helin



PRESSURE CLEANING SPECIALS

Screen Repair • Tile Repair

• Sewer & Drain Cleaning Interior Trim Work

Any Single Family 3/2 Home & 2 Car Driveway

We Do It All Large or Small

- Sheet Rock Repairs · Soffits, Fascia, Siding
- The "Honey Do" List • & MUCH MORE

Free Estimates Over 20 Yrs. Exp • Lic/Ins

ANY SCREEN REPAIR

2-Car Driveways up to 750 Square Ft.

321-302-9441

How do you know when it's time for hospice? If you're asking that question, call VITAS 24/7.

VITAS Healthcare provides physical, spiritual and emotional support to seriously ill patients and their families.

Find strength in our care.

VITAS*
Healthcare
GMF 1980

NUTAS.com □ □ □





SENIORS Helping SENIORS®
...a way to give and to receive®

116 Delvalle St. • Melbourne Bch, FL 32951 www.seniorshelpingseniors.com/Brevard



1200 S. Courtenay Parkway, Merritt Island

All Inclusive Resort - Style Living • 55+ Rental Apartments • www.CourtenaySpringsVillage.org

(321) 773-6458 • www.55plusclubofsb.com

Page 7