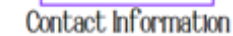


# INTRODUCING UNICORNS TRAVEL

Lisa is excited about offering her expertise and resources to enhance the travel experiences of the 55+ Club. Be sure to look for the Unicorns Travel advertisement in each issue for upcoming travel opportunities. As we embark on unforgettable journeys together, Unicorns Travel will be here to guide you every step of the way. Get ready to explore, discover, and experience the world like never before!



**SENIOR HELP LINE 211**

**STATE MEDICARE CARD  
MEDICAL ASSISTANCE PROGRAM**

**PATIENT:** JOHNNIE L SMITH  
**PRIMARY Care Provider:** WORTH LISA  
**ID#** 170

**MEDICARE HEALTH INSURANCE**

**Member/Subscriber:** JOHNN L SMITH  
**Member/Subscriber's Number de Medecin:** 4-TE5-MK72  
**Coverage Dates:** 01-01-2020 to 01-01-2020



**321-405-7638**





## BAKERS

Enjoy baking and sharing your fresh baked good with others? Join our newly forming baking group where you can bake for our club as well as for service to others.

Please contact Joyce:  
321-773-7414  
jev662@gmail.com

## SPECIAL EVENTS

Having a special event takes a lot of planning and a lot of work being done in the background. We need assistance both with the planning and working the day of the event. If you would like to volunteer, please contact Becky:

321-773-6458  
raud@satellitebeach.org

## E-CARD DESIGNER

Good with the computer? Are you creative? Join our volunteer team and create E-cards. Please contact Jill:  
321-431-0038  
jillb215@aol.com

Volunteers make an immeasurable difference in people's lives and often serve to help others. Did you know that volunteering can benefit your health as well?

Research has shown that volunteering offers significant health benefits, especially for older adults, including:

1. Encourages physical activity
2. Lowers blood pressure
3. Improves heart health
4. Reduces depression & stress
5. Boosts happiness
6. Increases self confidence
7. Provides a sense of purpose
8. Prevents loneliness & isolation
9. Encourages learning
10. Reduces mortality rate

Are you interested in becoming a volunteer? There is a wide variety of volunteer opportunities in our community, whether you're interested in youth, environmental, health, religious or community causes. Check with local nonprofit and cultural organizations, schools, faith communities, hospitals or even your 55+ Club organization for options.

## HEALTH PLAN MARKETPLACE

Turning 65 Soon?  
Medicare Done Right  
with You in Mind!

Bruce Williams  
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bwilliamfl@gmail.com



1127 S. Patrick Dr, Suite 1, Satellite Beach, FL 32937

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--------------------------------------	---	---

**321-302-9441**



EDUCATION

ADVOCACY

INFORMATION

www.BrevardParkinsons.org  
BrevardParkinsons22@gmail.com



Ingrid Miller  
Financial Advisor  
585 Jackson Ave  
Satellite Beach, FL 32937-2966  
321-428-3001

Edward Jones  
MAKING SENSE OF INVESTING  
edwardjones.com

Questions about MEDICARE? I can help!



Stephanie Burns  
321-294-8169  
Monday – Friday, 8 a.m. – 5 p.m.  
SBurns18@careplus-hp.com

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your Dream Trip!



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740-503-9589

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**REFLECTIONS** SM  
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ReflectionsLSC.org  
321-269-4240

Hospice  
Palliative Care  
Grief Support



March is “Get To Know You” Month

March 2024 is being dubbed as “Get to Know You” month. This idea was presented to the board because there were people participating in club activities who didn’t know other participants’ names. Our “Get to Know You” month is an attempt to alleviate this and add a little spice to the regular activity. At least once during the month (during regularly scheduled activity times), you will be given nametags by the activity chairperson and participate in a mixer/get to know you activity. We hope you enjoy the activity, make new friends and learn something new about familiar faces.

SPILL THE BEANS

WHAT THE HECK IS IT?!?!? Spill the Beans is a morning social with warm beverages, a special drink of the day, food and some sort of an interactive game revolving around a theme. The Theme for March is Lephrechauns and St. Patrick’s Day - everything green and lots of she-nanigans. For April the Theme is Pink Flamingos - what will we do for that? We hope you come out and join us as we have lots of fun, learn a few new tidbits and laugh A LOT! If you would like more informatin, please call Becky at 321-773-6458.



Facts & Snacks Program

The 55+ Club offers a “lunch & learn” type educational program called Facts & Snacks. Our Facts & Snacks program offers any of our 55+ Club sponsors the opportunity to come and present a topic of interest to our members. Food is provided. So far this year we have had 4 sponsored Facts & Snacks.

One of our sponsors, One Senior Place, has committed to offering a presentation once per month on the third Thursday of each month. On March 21 the topic will be *The Benefits of Medical Marijuana* and on April 18 the topic is *Tackling Medicaid and Estate Planning Myths*. We appreciate One Senior Place bringing the educational opportunities to us here in Satellite Beach and hope that our members will show their support by attending.

If snacks alone aren’t a motivator for you to come out and listen, how about some added incentive! We are now offering a “Passport to Learning”. When you attend a Facts & Snacks program, you can earn passport stamps. As you accrue stamps in your passport, you can earn prizes.

How do you know if an event qualifies as a Facts & Snacks program? Look for our Facts & Snacks logo on the event flyer. You can get a Passport to Learning at our monthly club meetings or at a Facts & Snacks event. For more information, call 321-773-6458.



**Introducing LUXE Tours, Inc.**

Luxe Tours is a locally based tour and travel provider of small group trips and adventures. We offer itineraries to wine regions of Europe (Spain, Portugal, Italy and France) as well as regions in California, Washington and Oregon. While the programs tend to be wine focused; there are many other activities and experiences around food, culture, education, history and personal interactions with the local residents and their celebrations.

**PLAN YOUR TRIP WITH US!**

Our Newsletter - *What's Fermenting?* - is the best way to stay up to date on what we are planning! Please email us at [luxetoursinc@gmail.com](mailto:luxetoursinc@gmail.com) and/or scan the QR code and ask to be placed on our A-List!!

Follow us on Facebook! Luxe Tours Inc.

PLEASE SUPPORT OUR FINE ADVERTISERS!

WELCOME NEW MEMBERS!

- |                    |                  |
|--------------------|------------------|
| Amy Iennaco        | Jackie Fackoury  |
| Anita Miller       | Jan Johnson      |
| Babcock, Claire    | Jeff Gillard     |
| Barbara Davis      | Judy Mangan      |
| Beth Brower        | June Taylor      |
| Chriatine Schverak | Kris Wolbert     |
| Chris Constant     | Lillette Quesnoy |
| Claire Goss        | Lois Proctor     |
| Darnell Harris     | Mary Carroll     |
| Debbie Fitz        | Mary Spears      |
| Denise Drum        | Michael Mcore    |
| Don Risi           | Nancy Knapp      |
| Donna Gillard      | Peggy Hartwig    |
| Frances Dahab      | Peter Huth       |
| Gracia Penuel      | Sandy Rose       |
| Hedy Von Achen     | Walt Battochio   |
| Holly Katrina      | Wanda Muir       |

“Age is something that doesn’t matter, unless you are a cheese.”

LUIS BUÑUEL

Annual Membership Dues

Oops!! Your 2024 dues are now past due! If you have not paid your \$10 dues for this year, your name has been inactivated on the membership data base.

It’s not too late! We will gladly reactivate you when membership is received. NOTE: All membership dues come payable the first of the year NOT the month you joined, (unless you are new and joined in October of 2023).

You may complete this at the DRS Community Center, 1089 S. Patrick Dr., Satellite Beach, 32937 by mail or in person at the same address. Dues also can be paid at Monday bingo, and they may be renewed on the club website [www.55plusclubofsb.com](http://www.55plusclubofsb.com) for an additional \$1.00 convivence fee. Please don’t wait! It truly helps eliminate extra work for us.

Happy Birthday to our March/April Members!

**The Experts in Aging**

**We can help.**

One Senior Place is a one-stop resource for information, advice, and services for seniors, caregivers, and those approaching retirement. When you walk through our doors you'll find a wide variety of senior focused businesses, plus a calendar packed with educational presentations, seminars, and special events. We also offer a complimentary 30-minute consultation with an Aging Services Expert who will help you and your family identify and connect with the services you need.

Think of us as your go-to resource for all things related to retirement and aging. Whether you, a family member, or a friend needs advice or a referral One Senior Place can help. Call us at 321-751-6771 to schedule a complimentary consultation with our Aging Services Expert or visit our beautiful Viera location to learn more about how One Senior Place is revolutionizing the way America shops for senior care and services.

The Experts in Aging

[www.OneSeniorPlace.com](http://www.OneSeniorPlace.com) 321-751-6771



**55+ Club**

# LEPRECHAUN LUNACY



MORNING SOCIAL

## SPILL THE BEANS

THURSDAY, MARCH 14, 2024

10 - 11:30AM

JOIN YOUR FELLOW MEMBERS FOR SOME MORNING CHAT AND SOCIALIZATION. LETS SEE IF THE CURRENT 'BIG BEANS' WILL BE DETHRONED! PLEASE CALL TO RSVP.

RSVP TO 321-773-6458

DRS KITCHEN

**Facts & Snacks**

# St. Patrick's Day Lunch Buffet @ Zon



FRIDAY, MARCH 15, 2024

11:30AM AT ZON

PARKING IS LIMITED AT ZON. PLEASE MAKE ARRANGEMENTS TO CARPOOL.

Join us for a St. Patrick's Day lunch buffet and tour of the new independent living facility residences at Zon Beachside. This event is free, but you **MUST RSVP to 321-773-6458.** Seating is limited.

**ZON BEACHSIDE**  
ASSISTED LUXURY LIVING

**55+ Club**

**55+ Club**

# You're Invited CLUB MEETINGS

March 20  
April 17  
10am at the DRS

THIS IS YOUR CLUB! WE CAN'T DO IT WITHOUT YOU! OUR CLUB MEETINGS ARE THE PLACE TO HEAR WHAT'S GOING ON, VOICE YOUR OPINION AND FULLY PARTICIPATE. PLEASE JOIN US IN MARCH & APRIL.

**55+ Club**

# BEA FLAMINGO!



MORNING SOCIAL

## SPILL THE BEANS

THURSDAY, APRIL 11, 2024

10 - 11:30AM

JOIN YOUR FELLOW MEMBERS FOR SOME MORNING CHAT AND SOCIALIZATION. LETS SEE IF THE CURRENT 'BIG BEANS' WILL BE DETHRONED! PLEASE CALL TO RSVP.

RSVP TO 321-773-6458

DRS KITCHEN

**One Senior Place**  
**senior partner**  
CARE SERVICES

# ROAD SHOW



## The Benefits of Medical Marijuana

**PRESENTED BY**

Richard Maker, MD  
Ignacio Rodriguez, Trulieve Community Educator  
Nurse Lisa Conway, RN, CM, CDP

**WHEN / WHERE**

Thursday, March 21st  
10am-11am  
David R Schechter Community Center  
1089 South Patrick Drive  
Satellite Beach, FL 32937  
RSVP Required 321-773-6458 (Becky)

**DISCOUNTED MMJ CARDS AVAILABLE ONSITE**

**cannabis CONSULTANTS**

**Trulieve**

**55+ CLUB**  
of Satellite Beach

**senior partner**  
CARE SERVICES

Snack & Raffle Sponsor:

**OneSeniorPlace.com**

**55+ Club**

NEW MEMBER

# Wine & Cheese Gathering



MARCH 29, 2024

SATELLITE BEACH CIVIC CENTER  
565 CASSIA BOULEVARD

4:00 - 7:00 PM

**\$5**  
guests & other members

**FREE FOR NEW MEMBERS WITH THEIR MAILED INVITATION**

Tickets available beginning Friday, March 1, 2024

Join us as we welcome our new members. Tickets will be sold at the Satellite Beach Recreation Office. For more information please call: 321-773-6458



**One Senior Place**  
**senior partner**  
CARE SERVICES

# ROAD SHOW



## Tackling Medicaid & Estate Planning Myths!

**PRESENTED BY**

Ruth C. Rhodes, Elder Law Attorney  
Owner of Rhodes Law, P.A.

**WHEN / WHERE**

Thursday, April 18th  
10am-11am  
David R Schechter Community Center  
1089 South Patrick Drive  
Satellite Beach, FL 32937  
RSVP Required 321-773-6458 (Becky)

**Speaker & Snack Sponsor:**

**RHODES LAW, P.A.**

**55+ CLUB**  
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CARE SERVICES

**Raffle Sponsor:**

**OneSeniorPlace.com**

# LUAAU

Get lei'd & love it!

Friday, April 19, 2024  
2 - 4 PM

**\$10**  
Cash or Check only.

**Satellite Beach Civic Center**

Wear your favorite Island inspired attire.  
Themed entertainment,  
h'ourdevures and beverages.

Tickets go on sale  
March 1st, 2024 at the  
Satellite Beach Recreation Office.

For more information, please call  
321-773-6458  
www.55plusclubofsb.com



**55+ Club**